

# PUJYA: FOR THE ELDERLY



February/ Issue-4

## Highlights

1. Brush Painting workshop conducted to boost creativity among seniors
2. Zumba Dance workshop conducted
3. Physiotherapy sessions every Thursday & Saturday by Dr Mahima Dr. Tiwari
4. Solving maths problems, jigsaw puzzles and interactive games



## Summary of Events





**Demo session by our  
Physiotherapist Dr Narendra  
Tiwari**



**Senior Birthdays in the  
month**

**Shaliniiji, Madhuji,  
Seemaji, Bhandariji**

**Anniversary  
Anilji & Pushpaji,  
Shailooji**

**Join Us!**



**+ 91 7045659190**

**+91 9649357728**

**+91 9602209191**

**You can visit us at these  
locations in Udaipur  
between 10am-6pm**

**22, Modern Complex  
near Devendradham**



# Join Us!



पूज्य

**SENIOR CITIZEN CENTER**

**+ 91 7045659190**

**+91 9649357728**

**+91 9602209191**

**Visit Us In Udaipur!**

**+ 7D Pologround**

**+ Vidya Niketan, Ashok Nagar**

**+ Nandini School, Navratan**

**+ River Front Garden**

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